



Body Building wk1: Why Sex Matters

Introduction: As we return to 1 Corinthians we are reminded that this church that Paul loved had problems with division and one of those divisions centered around sexual misconduct. Our sexual conduct matters because God invented it as a good gift. The best news is that no matter our history, God washes us clean when we come to Jesus.

Discussion Questions

1. We don't have to look far to see examples of sexual impropriety wreaking havoc. How can a good thing that God gave us also lead to so many problems? Why are sexual scandals so particularly damaging to both families and churches?
2. Read **1 Corinthians 6:9-11** There is usually something that bothers us with this list. How do we deal with the parts that make us uncomfortable? This isn't an all-inclusive list of sins, so what point is Paul making? (might it have something to do with not continuing to do these things if you have been washed by Christ?)
3. Read **1 Corinthians 6:12-17** What argument is Paul rebutting here? How is that type of thinking still expressed today? Why does the body and what we do with it matter? What are some ways that we recognize that sex is more than just a physical act?
4. Read **Ephesians 5:31-32** Where else do we see that language or phrase in scripture? In the sermon Jeremy said that God designed sex in a way to reflect our relationship with Him. What does that mean?
5. Read **1 Corinthians 6:18-20** Why are we told to flee and not to resist sexual temptation? Why is pornography such a big deal?
6. Why does it matter that we have healthy attitudes about sex? How can we put good guardrails up without instilling fear or unhealthy attitudes for our children?

Shaping Your Mind – *You are not your own; you were bought at a price. Therefore honor God with your body. 1 Corinthians 6:19-20*

Moving Forward – Don't be casual with God's expensive gift – your body.