



Romans 12 wk4: Sober Self-Assessment

Introduction: If we are going to lead transformed lives, we need to realize that it starts with the battle for our minds. As we change the way we think, one of the first things to think about is who we are? What if understanding our identity unlocked a greater appreciation for how God has gifted us and opened the door for greater potential service?

Discussion Questions

1. Have you ever seriously asked yourself the questions “Who am I? Or What is my purpose? If you have- what prompted the question for you? If you haven’t, why do you avoid that type of question?
2. **Read Romans 12:3** Why is thinking too highly or too lowly a problem? Why is it difficult to think rightly about ourselves? How does insecurity manifest in people, and how can understanding our identity in God help with insecurities??
3. **Read Genesis 3:7-13** How does shame, denial, and blame manifest after the fall of man? Why are we often afraid of people knowing “the real you?” How can understanding your identity in God improve your self-image or help you deal with insecurity?
4. **Read Romans 12:4-8** Sometimes we wish we had other people’s gifts, or think our gifts aren’t as important as someone else’s. How does what Paul says here refute that idea?
5. Have you ever examined or tried to understand what your spiritual gifts are? What did you learn? In what ways could you utilize your unique talents or 'gifts' to serve your community or church better, and how might this contribute towards your personal spiritual transformation?

Shaping Your Mind – *in Christ we, though many, form one body, and each member belongs to all the others...Romans 12:5*

Moving Forward – We become comfortable with who we really are when we realize the God who loves us has designed us for a purpose in His kingdom!