



Decide in Advance wk1: Clear Values

Introduction: Two of the greatest influencers on the quality of your life are the quality of your relationships and the quality of your decisions. In this series, we are going to talk about how your decisions can be improved, and in turn shape the quality of your relationships, including your relationship with God.

Discussion Questions

1. Can you think of a time that you made a decision and regretted it immediately? Can you share it?
2. Read **Proverbs 16:3** How does God establish your plans?
3. In the sermon, Jeremy mentioned 3 common reasons we struggle making quality decisions: overwhelmed with options; fear of making the wrong choice; making emotional decisions. Which one of those options resonates most with you and why? Can you think of another reason to struggle with decision making?
4. Read **Daniel 1:8** When did Daniel make his decision? What was his decision based on? What is the relationship between your values and your ability to make decisions?
5. Read **Matthew 26:39** What decisions did Jesus make in advance of his arrest? Even though he made his decision in advance, did he have to continue to make it?
6. What is the relationship between your decisions and your close/influential relationships in your life? How does one affect the other?
7. Have you ever taken the time to write down what you value most? Does what you say you value and how you live appear to be in harmony? What do you do if not?

Shaping Your Mind – *“Commit to the Lord whatever you do, and he will establish your plans.” Proverbs 16:3*

Moving Forward – *When your values are clear, decisions become easier. - Craig Groeschel*