



Nagging Questions wk4: Why can't I stop?

Introduction: Most of us have probably had something that they just felt like they did wrong over and over. Whether it's a bad habit, addiction, or just a temptation we repeatedly fall to; the question about why we can't stop or change can nag at us.?

Discussion Questions

1. Have you ever had a prayer or conversation with God where you basically say, "I know you've heard this before, but please forgive me for...?"
2. One of the questions that Jeremy addressed that had been asked dealt with forgiving ourselves. When we don't forgive ourselves we essentially replace our judgment for God's. Why is that trap so attractive?
3. "Religion is our attempt to please God without God." What does that mean? What do you think of that statement?
4. Read **Matthew 23:25-26** When we talk about change or stopping, we are usually talking about external things. How does Jesus caution about internal vs external?
5. Read **Titus 2:11-14** Paul here says that Grace isn't just about salvation, but also about how we change and are changed. How does grace change us? What does it teach us?
6. There were so many questions that dealt with forgiveness. How can we know we are really forgiven, can we be forgiven if we've committed a "major" sin after being saved... It reflects that many of us struggle with understanding grace. What makes grace difficult to embrace?
7. How can thinking about our relationship with God as "near or far" versus "in or out" actually help us? Is extending or receiving grace the more difficult thing for you?

Shaping Your Mind – *It (grace) teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age... Titus 2:12*

Moving Forward – Grace is the unmerited favor of God, so stop trying to earn it.