



Travel Light wk1: Letting Go of Stuff

Introduction: We think we know what matters most, but when it comes to Christmas, often we keep piling on just one more thing. In the process, what matters most often gets lost while we chase getting the just the right thing. How would Christmas look differently if we decided to let go of stuff?

Discussion Questions

1. Do you remember what you got for Christmas 2 years ago? What would you say is the best Christmas gift you ever got? What is the best gift you ever gave?
2. When it comes to Christmas, would you say you experience more joy or dread when it comes to the gift giving side of things? Why?
3. **Read Ecclesiastes 4:6** Solomon says basically that less is more. How can your approach to Christmas financially lead to stress and toil or be a chasing after the wind? Do you feel constrained by a budget or does that feel more like freedom?
4. Where is the line between generous and excessive when it comes to gift giving?
5. Read Matthew 1:22-23 When you think about the idea of "God with us," how can His presence be shared through how we celebrate Christmas with our family and friends?

Shaping Your Mind - *Better one handful with tranquility than two handfuls with toil and chasing after the wind. Ecclesiastes 4:6*

Moving Forward – Don't let "stuff" be the reason you miss His Presence this season!